



THE HIV EPIDEMIC: THE SITUATION IN BULGARIA

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The HIV situation in Bulgaria

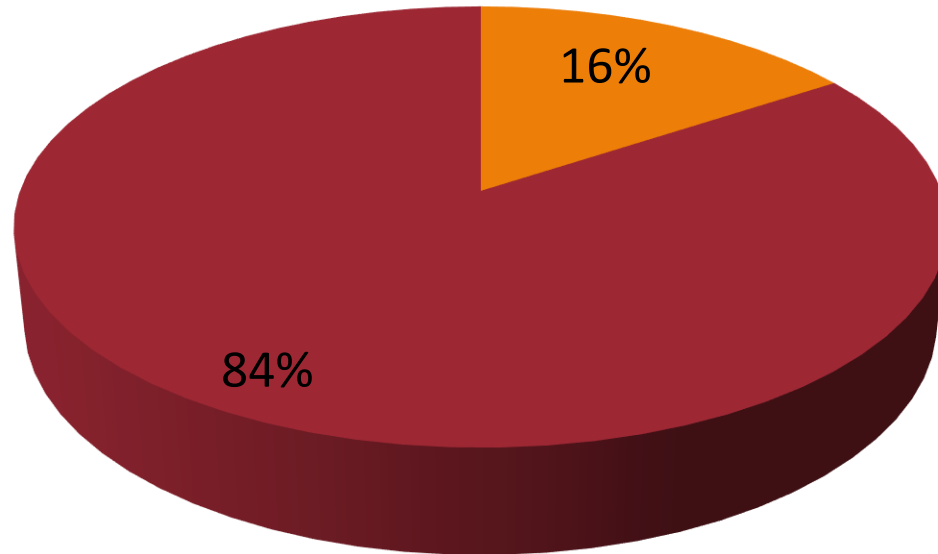
- Bulgaria is an Eastern European country with a population of 6.927 million;
- In 1987, the first HIV-positive person was registered in the country;
- Between 1987 and October 2021, 3,670 people living with HIV have been registered;
- The frequency of newly registered cases of HIV infection per 100,000 population in the country is lower than the average in the EU and the EEA, since the indicator for Bulgaria is 4.4;
- Currently, about 1,900 people living with HIV are being monitored and treated regularly at the HIV clinical departments in the country;
- The remaining 1,670 patients have either died, or been lost to the follow-up.

The HIV situation in Bulgaria

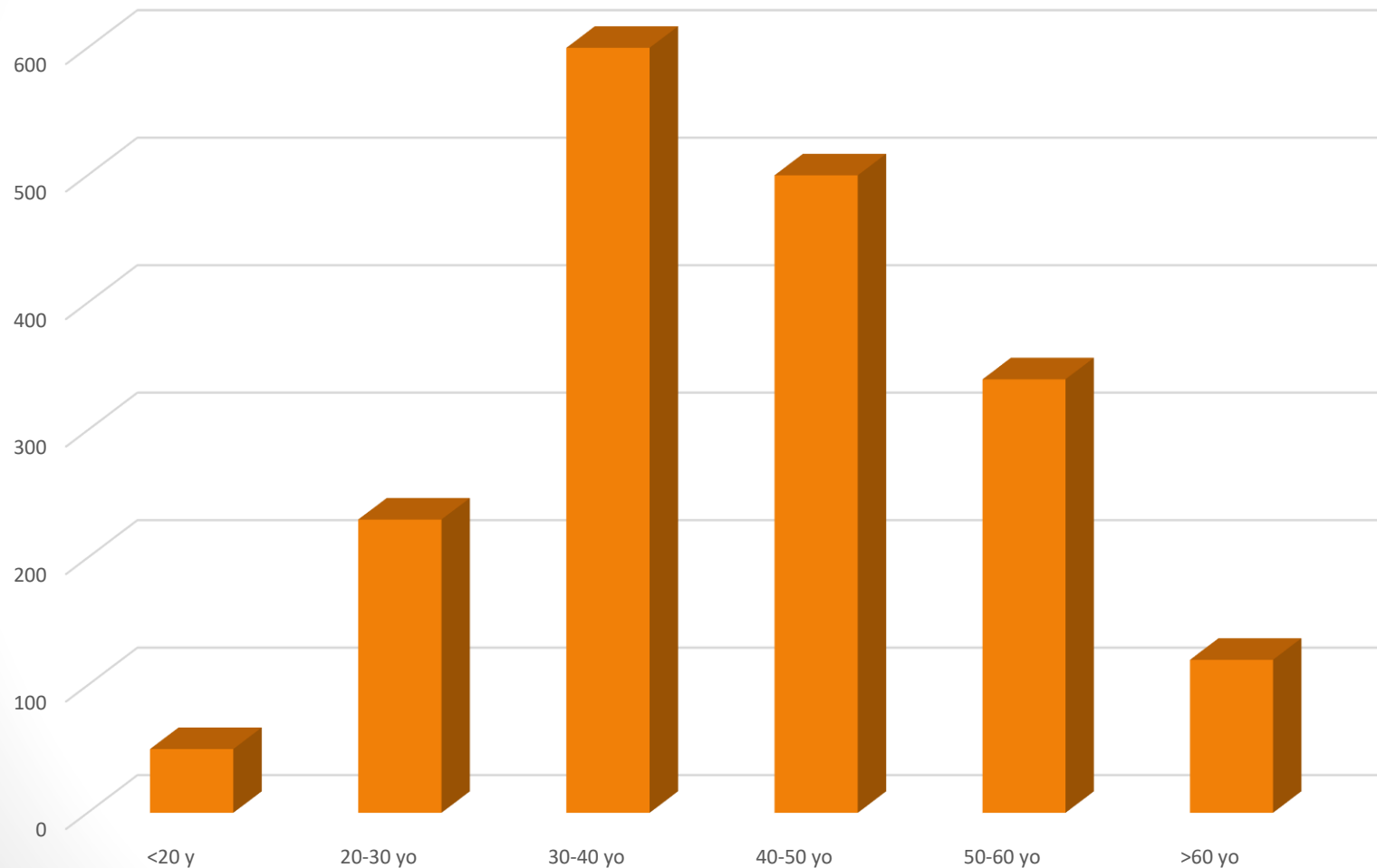
- There are 5 HIV departments in Bulgaria located in the largest cities and within the University Hospitals, respectively: Sofia, Plovdiv, Varna, Stara Zagora, and Pleven;
- The department that monitors and treats the largest number of HIV-positive patients is located in Sofia in the Specialized Hospital for Active Treatment in Infectious and Parasitic Diseases: 1,350 people living with HIV;
- At present, 97% of the people living with HIV who are being followed by the HIV departments receive antiretroviral therapy;
- Nearly 87% of the treated patients have achieved optimal viral suppression.

Distribution of patients by gender

■ female ■ male

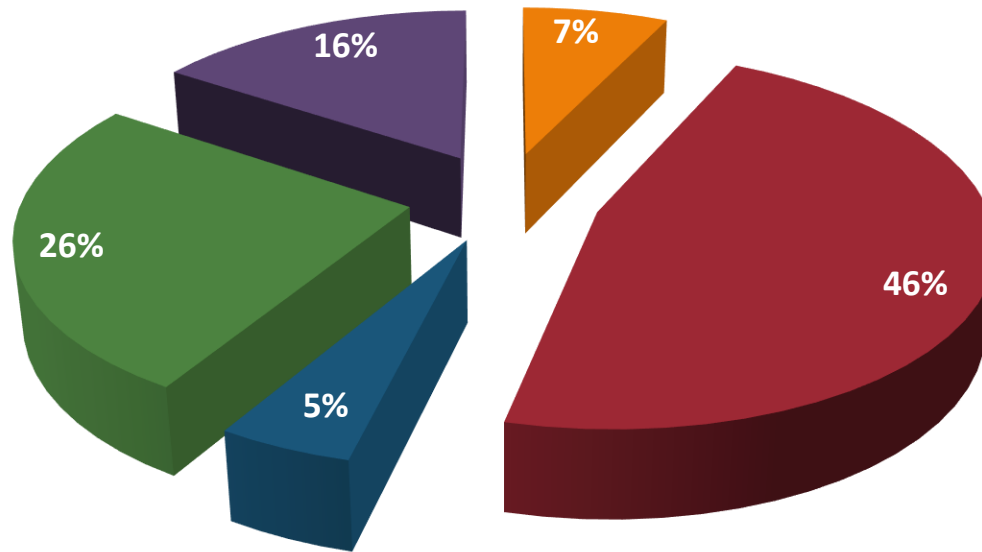


Distribution of patients by age



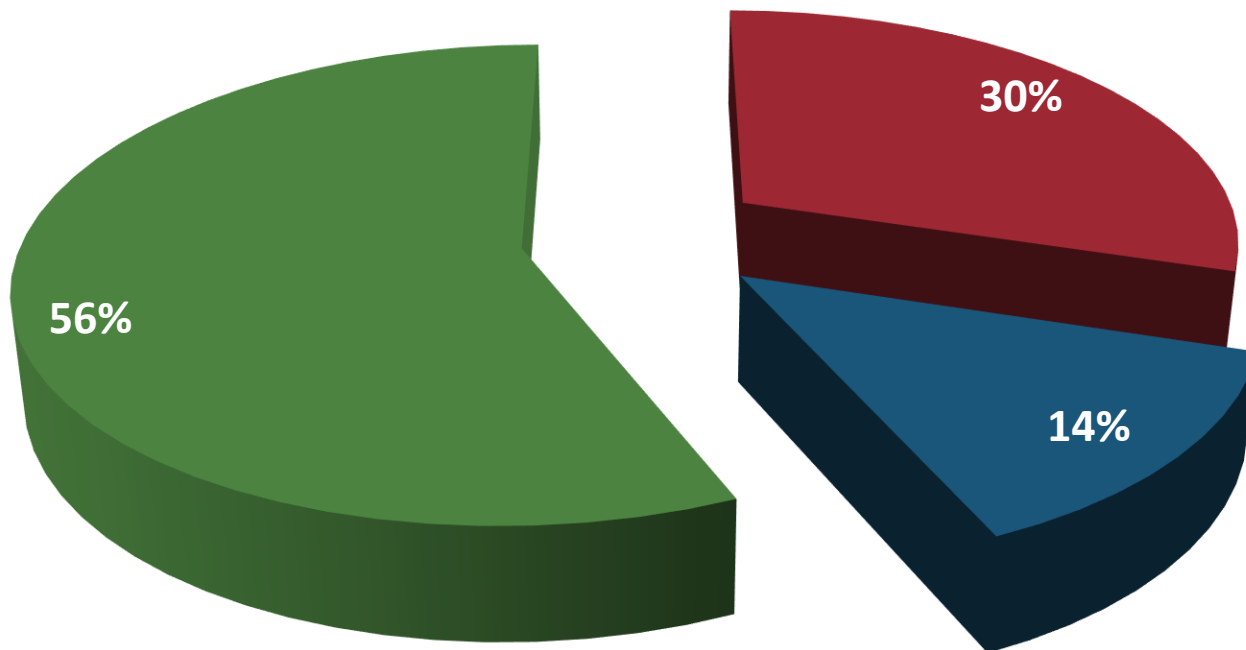
Patients on ART: distribution by regimens (%) (%), according to the "backbone" of the therapy

■ 3TC ■ TDF/FTC ■ TDF/3TC ■ TAF/FTC ■ ABC/3TC



Patients on ART: distribution by regimens (%), according to the third (second) drug in the regimen

■ PIs ■ NNRTIs ■ INSTIs



THANK
YOU
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